## HURRICANES



## PUBLIC SERVICE ANNOUNCMENT

## Staying Safe in Your Home During a Hurricane

This podcast is presented by the Centers for Disease Control and Prevention. CDC – safer, healthier people.

This is an important message from the U.S. Department of Health and Human Services.

If you stay in your home through a hurricane, there are things you can do to protect yourself. Monitor the radio or television for weather reports. Stay indoors until the storm is over. Seek shelter in a basement or in an interior room with no windows. Stay away from all windows and exterior doors. Evacuate to a shelter or to a neighbor's home if your home is damaged or if emergency personnel instruct you to do so. To learn more, call the CDC at 800-CDC-INFO.

To access the most accurate and relevant health information that affects you, your family and your community, please visit <a href="www.cdc.gov">www.cdc.gov</a>.

For more information, visit <u>emergency.cdc.gov/disasters/hurricanes</u>, or call CDC at 800-CDC-INFO (English and Spanish) or 888-232-6348 (TTY).

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